



Youth  
in Action

Action 4.3 - [http://ec.europa.eu/youth/index\\_en.htm](http://ec.europa.eu/youth/index_en.htm)

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**București, Nr. 161, Bl. N25, Sc. 1 Ap. 10**

**Hey, I have no job! – Action 4.3 – Youth in Action**

**Dates of the activities: March 12 to 18 2013**

**Trainers: Marian Ancuta (Romania)**

**Marius Ulozas (Lithuania),**

**Margus Pihlakas (Estonia)**

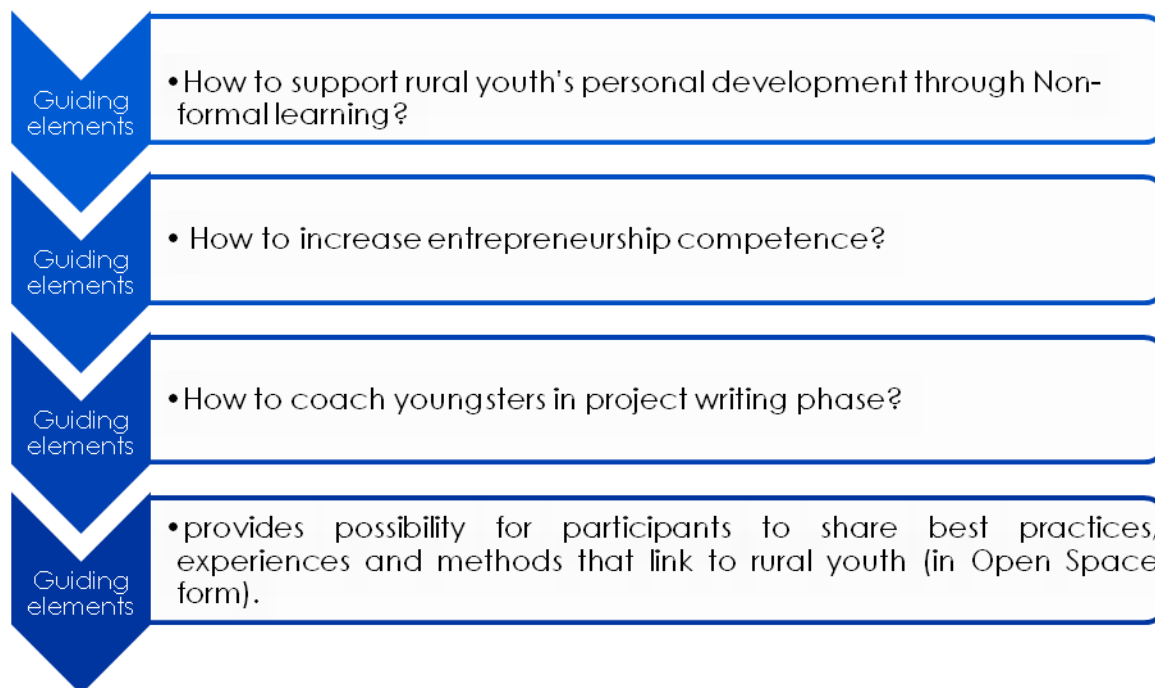
*Project's Summary:*

*The training course Hey, I have no job! aims at equipping 24 youth workers and youth leaders representing associations working directly with rural youth, with new skills and techniques on empowering rural youth participation, especially within international events and specifically in Youth in Action activities, as tool for supporting unemployed rural youth. Common ground for this training is that non-formal learning can really boost personal development of youngsters – particularly of the ones who left the educational system, due to different reasons as well as for the young jobseekers or for the ones who had been long time jobless. We see international activities - particularly Youth in Action Activities and to a great extend youth exchanges and EVS - European Voluntary Service - as great space for non-formal learning environment and we would like to ask youth workers to get inspired about the possibility to work as such important theme (problem) in youth field. The supportive method for training course is Social theatre. As we plan to use lot of experience based learning we foresee that many of tool that we recommend to use with unemployed rural youth we also tryout in our training*

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*course. The training course is based on the experience partners gathered in another Training Course for Empowering youth rural participation, implemented in Estonia, in April 2012, and the partnership structure had been developed at the moment, with a great focus on developing a Network of Associations working with rural youth with non-formal education methodologies.*



***Objectives and description:***

*In the implementation of this training course we plan to involve 24 youth workers from 8 countries working in rural realities, for whom as well it will be one of the first international participation experience.*

Provide participants with knowledge how to guide young people in personal development through Non-formal learning;

Emphasize the role of the Key-Competencies within Youthpass for getting a job and supporting young people in the process of acknowledging these competencies

. Provide knowledge on how to use international experiences – EVS, youth exchanges as well as youth lead local initiatives - as a tool to motivate young people and how to guide them in the project writing phase

Develop youth workers' competencies on fostering entrepreneurship competence of youngsters

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## Youth in Action

This project will implement the following priorities of the “Youth in action” program:

Firstly, it will involve participants from rural areas who face difficulties to participate because of the economical and social reasons. The youth workers involved are working with disadvantaged youth and youth at risk;

Secondly, this project promotes development of new “Youth in action” projects, main focus is set on youth exchanges, EVS (with focus on youth with fewer opportunities)

Moreover, the project promotes non-formal learning – will teach youth workers how to used it in their daily duties, intercultural learning and European citizenship – through work in international

group tolerance of participants will be developed and sense of belonging to Europe will be created through solving local issues.

Finally, it is promoting the annual priority development of entrepreneurial sense. Participants will learn how to guide their youngster in this difficult and interesting process.

Additionally, the TC proposed frames as well YiA priorities for Romania, as it promotes the non formal education techniques and methodologies to booster youth development (personal and professional) as well as promoting volunteering for rural youth. More than this, considering the indirect target the TC had been developed for - rural youth facing unemployment - we are also developing methods and methodologies that can be replicated working with unemployed rural youth. More than this, we also aim at promoting youth participation in communities' development and for this purpose, youth should be invested with participation opportunities that would activate their entrepreneurship and creativity potential.

### Partners:

Name of the promoter	Country	Number of participants	Travel cost per participant (70%) in eur	Profile of the participants
1. MAO	Romania	3	-	Youth workers/ Youth leaders
2. Fight Academy	Turkey	3	218.16	Youth workers/ Youth leaders
3. TuRazem	Poland	3	200.55	Youth workers/ Youth

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				leaders
4. Alternativi International	Bulgaria	3	100	Youth workers/ Youth leaders
5. Atlas	Estonia	3	302.836	Youth workers/ Youth leaders
6. Raahen kaupunki Nuorisotoimi	Finland	3	235.95	Youth workers/ Youth leaders
7. Vš.Į. “Elektrėnų kultūros centras”	Lithuania	3	238.36	Youth workers/ Youth leaders
8. Agency for the promotion of Youth	Italy	3	206.4	Youth workers/ Youth leaders
Total no of partners	8	Total No of participants 24		



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**Programme – Hey, I have no job!**

**Action 4.3 – Youth in Action**

## **Day 0 - March 12**

10.00 – 20.00 Arrivals,

20.30 Short getting to know each other activities

## **Day 1 – March 13**

9.00 Breakfast

10.00 Ice breaking activities linked to the topic of rural youth

Knowing each other – different levels of knowing each other: name games, ice breakers, personal level, professional level, experience in the youth field. (possible repetition of methods to the first night due to late arrival of some participants);

Methods used: ice breaking involving physical activity and contact; group methods; small groups and group or trio;

As well introduction of the trainers team and their expertise in the field.

11.30 Coffee break

12.00 Introduction to the training course:

How the training idea was developed;

Aims and objectives of the training course; Introduction to the detailed program of the course – possible method paper presentation on the wall;

Presenting working methodology – interactive methods with small ropes, in couples and presentation of theoretical aspects (learning through experience, aspects of non-formal education and other);

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Collecting the expectations of participants;

13.30 Lunch

15.00 Group building activities - Setting the atmosphere of intercultural learning and non-formal education. Goal of group building is to help participants to support each other in learning process.

We plan to use exercises that are designed for group, but also introduce aspects of intercultural learning, leadership, inclusion and communication.

Each exercise will have unique role explaining kinaesthetically whole program again.

16.30 Coffee break

Introduction to the youthpass – as a tool for recognition of participants learning in the course

Youthpass process will be continues method through the whole training course. After explaining 8 key competences people start to visualize their learning and plan what they would like to gain from training. Additionally, a working session had been prepared for the participants – 8 working tables in simulating the Youthpass process (the session will be described in the Youthpass and learning session)

After each day youthpass is linked to reflection group. There they have possibility to think about their days learning and day by day add new learning experiences to their Youthpass form.

17.00 Organization fair – preparation for the fair;

18.00 Organization fair – possible method organization bazaar; presentation 1 by one.

Getting to know about each other organizations is important piece of networking and future project development. During organization presentation participants will learn, who do they work with, how they do that and other relevant things.

19.00 Dinner

20.00 Introduction to reflection groups. Participants group will be divided in 4 smaller groups. In the same group they will be meeting during the whole training course.

First day of reflection groups is most important. Here agreement are made and method is introduced. Also we show how we can start work with Youthpass. The time will be used to: analyze own learning, share impressions and emotions about the date, clear theoretical concepts after the day and if something was not clear.

Intercultural evening;

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As our goal is to boost youth exchanges among rural youth workers we have also picked the main theme (red line) of training according to that. First evening would be the time to introduce this funny theme that will support learning through whole training.

## Day 2 – March 14

9.00 Breakfast

10.00 Working with target groups: unemployed youth and rural youth. Making sociological portrait of these target groups.

Goal of the session is to see the differences from each local reality and specifics of the special target groups. Participants have task to look up from internet certain facts and present them to the others.

Proposal for method: in national groups making a collage (from newspapers, journals) of typical rural young person from their country. Participants should also answer to few questions concerning these picture

Method can be followed up by workshop on socio drama where participants really understands why and how some rural youth are in desperate life situations.

11.30 Good example from the local reality - study visit to vocational school and job seekers pilot program

+/- coffee break depending on the time

13.30 Lunch

15.00 Understanding the target groups aspects of youth age psychology

Possible methodological approach. First, watching a short video and making the presentation and making a presentation on psychological aspects and linking it to collage from the morning.

16.30 Coffee break;

17.00 Participations, involvement and motivation of target groups through volunteering and youth exchanges

clearing the concepts on participation, involvement and motivation;

Possible practical method – R. Hart Ladder of participation, keys study in 4 groups. Ranking the 8 or 10 situations according the level of youth participation. It would be a good example for participation and for involvement;

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Presenting the concept of youth motivation, through the model of 3C (Challenge, connection and capacity), from T-kit “Social inclusion”

18.30 Mentor reflection groups

19.00 Dinner

21.00 Free evening

## **Day 3 – March 15**

9.00 breakfast

10.00 How to work with target groups?

Finish group are making presentation and sharing their knowledge about working with rural unemployed youth.

Finish are introducing Työpaja system to other countries and then making practical workshop how they usually work in their project.

Sharing tools, discussing their effectiveness. Sharing recourse kits.

11.30 coffee break

12.00 Example of possible methods and tryout – participants are planning possible activities with their youth, there are consulted by trainers and they get methodological support (literature);

13.30 Lunch

15.00 Youth project management as a tool to work on interesting topics to the target groups.

EVS for youth with fewer opportunities – How to EVS? – Methods for promoting EVS and EVS experiences (former EVS volunteers involved with the activities)

YiA program as a possible tool – presentation of the program. Other possibilities of the YiA program (

16.30 EVS rally – Personal and professional development in EVS – Mentoring processes

18.30 Mentor reflection groups

19.00 Dinner

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21.00 Movie evening Short movies about different local realities in each group. In the list there are high quality documentaries and funny short movies that all show shocking reality of rural areas.

## **Day 4 – March 16**

9.00 breakfast

10.00 Project writing simulation – from idea to a quality youth exchange project. The participants will start a 2 day practical activity (simulation) of creation, development of a youth exchange project. The participants will practically experience: development of project idea, finding partners process, planning a project and filling in the project application, as well expert project evaluation. The 2 day activity will have integrated theoretical inputs on quality criteria of youth in action projects. The quality criteria will be presented via theoretical and practical tasks on youth project. The filling in part of application in between the input on quality criteria will serve as a written reflection, practical use of theory gained during the training course.

The day will start from introduction to the long term activity of Day 4 and Day 5.

An emphasis will be set on self-directed learning process, that participants will be partly responsible for their learning: planning the time, active involvement and participation. Self management, responsibility, participation, democracy will be addressed additionally.

The following quality criteria of the “Youth in Action” program will be addressed:

- educational aspect, non-formal learning;
- intercultural learning, tolerance and fighting racism and xenophobia;
- equal partnership in the project of partners;
- active participation of young people;
- visibility and dissemination of results;
- European dimension of youth projects;
- Risk management and safety;
- Involvement of community.

10.30 the activities will start from project idea development – creative task will be used to develop a project idea. At first participants will work individually developing the idea. Then

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according to the similarity of ideas international partnerships of 3-5 people will be created, who will merge their ideas and develop a common ground for future projects.

Presenting possible project ideas;

Reflection time in group – filling in the Gant table to be able to plan in detail different project aspects.

11.30 coffee break

12.00 Finding partners – forming international groups of 3-4 people. Presenting the OTLAS e-system for partner finding in Europe and discussion how in other ways partnerships could be formed.

Participants will have a discussion how to develop and maintain good partnership in a project. Additionally the participants will receive SALTO developed handout on working with partnership (a 2 page recommendation what to discuss with partners while the preparation).

The importance of Advanced planning visit in a youth exchange project will be addressed;

After each part reflection time in group will be given, that the participants would write things in to the application. This time filling in the specific part of the application concerned with the partnership.

13.30 Lunch

15.00 Youth in Action youth exchange quality criteria working with projects applications.

First aspect. Active youth participation – how to assure it in the project. Working with the theoretical concept of the Ladder of youth participation by Roger Hart. Practical task and theoretical input.

Reflection time in group – filling in the specific part of the application concerned with the youth participation

16.30 Coffee break

17.00 Non-formal education

Explaining what NFE is, theoretical aspects through practical methods, tasks. Learning outcomes in the youth exchange, linking the learning outcomes to 8 key competences for life long learning;

Reflection time in group – filling in the specific part of the application concerned with the learning of participants and working methodology;

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18.30 reflection groups

19.00 Dinner

21.00 Quiz on youth night

## **Day 5 – March 17**

9.00 breakfast

10.00 Intercultural learning in EVS – Participants’ learning process

Watching a cartoon on ICL (G. Bardine Puss in boots), theoretical presentation of Intercultural learning - Iceberg or Onion models.

Intercultural learning in youth exchanges – discussion how to assure it.

Reflection time in group – filling in the specific part of the application concerned with the ICL

11.30 coffee break

12.00 Back to youth exchanges - Importance of the Group dynamics in a youth exchange and planning the youth exchange program, aspects of well balanced youth exchange project program.

Theoretical inputs: on Group dynamics by Carl Rodgers and Curt Lewin. Power point presentation balancing the youth exchange program (different aspects to take in to consideration).

Input of assuring safety during youth exchange projects.

Reflection time in group – filling in the specific part of the application concerned with the working methodology and designing the program of the youth exchange

13.30 Lunch

15.00 Europe in our youth exchange project – finding European dimension

Practical task to go and find Europe in the training place. Presentation of participants. Discussion.

As well input on Dissemination and visibility of the project results.

Reflection time in group – filling in the specific part of the application concerned with the European dimension

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16.30 Coffee break

17.00 Expert evaluation of project ideas – participants evaluate application form filled by other sub. groups of other participants. Participants use an expert evaluation table used to evaluate projects. This program part will allow to see which points were weaknesses of the project and which were strengths. Participants will feedback each other how to improve one another projects.

18.00 Improvement of project ideas – getting the feedback from experts, improving the application.

Participants will fill in the project improvement table and discuss in the small group what could be practically improved.

18.30 Reflection groups

19.00 Dinner

21.00 Game evening

## **Day 6 – March 18**

9.00 breakfast

10.00 Planning dissemination and visibility of project results of the training course – links to local reality of participants. How can they use the knowledge gained in their organization. Participants will answer to the question: how I will involve my youth in to the future project development? What can the project bring to my local community?

Linking youth projects to local youth work, community work and participation. Explaining the concept of Dissemination and visibility of youth exchanges. Presenting the DIOR theoretical model.

11.30 coffee break

12.00 Tool fair – sharing practice and various methods to be used at local and in youth exchanges. Participants will run from 4 to 6 workshops in which they will share their local practice and good examples how people could work in youth exchanges.

13.30 Lunch

15.00 Open space for question and space to plan future action / follow-up planning. Agreements will be made by participants on future youth exchange projects.

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Evaluation of the training course. It will be done in the following steps: remembering the program of the training course (group presentation), checking were the expectations of participants met (small group work), and understanding the main learning outcomes of participants (individual work) working with 8 key competences and other learning outcomes, filling in the youth pass. Participants will get all youth pass certificate and will have the possibility to get a full version 3 weeks after the training course. Filling in Evaluation forms.

18.30 Closing reflection groups – making agreements on follow-up and consultations for the upcoming 3-5 months.

19.00 Dinner

21.00 Farewell evening

### **Day 7**

10.00 – 2nd evaluation session - Interactive evaluation, Setting up the evaluation plan with the partners.

Departure

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